

	Monday 18-06-2018	Tuesday 19-06-2018	Wednesday 20-06-2018	Thursday 21-06-2018	Friday 22-06-2018
IBMer's Lunch Meal of the day 1	Pork neck braised with veggies, apples and horseradish	Crispy chicken nuggets in yoghurt marinade	Oriental meatballs	Chicken curry with zucchini	Roasted chicken leg with herbs
	Roast potatoes	Boiled potatoes	Bulgur wheat	Rice with vegetables	Boiled potatoes
	White cabbage with roasted peanuts and carrot	Salad with beet and cucumber	White cabbage salad with corn, dill and mayonnaise	Carrot salad with apple in cream	Coleslaw, red beans and mushrooms
Meal of the day 2	Spicy sambal chicken sticks	Peasant pork stew	Chicken with vegetables	Pork Gyros with pork with onions, mushrooms and peppers	Pork goulash with majoram and sour cream
	Boiled potatoes	Barley	Boiled potatoes	Boiled potatoes	Roast potatoes
	Beetroot salad with onion	Coleslaw with pepper	Beetroot salad with onion	Red cabbage salad with apple, leek and raisins	Chinese cabbage with green peas and leek
Meal of the day 3 *** VEGETARIAN ***	Noodles with fried cabbage (veg)	Broccoli fritters (veg)	Celeriac and kale cutlets (veg)	Aromatic Thai curry with cauliflower (veg)	Barley risotto with roasted beets and pear (veg)
		Wild rice	Roast potatoes		
	Carrot salad with peach	Peking cabbage and leek salad	Carrot and oranges salad	Peking cabbage & corn salad	Carrots and raisins salad with orange note
Grill - Live cooking	Grilled chicken breast on green lentils with blue cheese sauce and nuts	Potato pancakes with onions, peppers, mushrooms, tomato	De'luxe beef burger with onion rings and bacon	Oriental noodles with chicken breast and vegetables	Grilled hake marinated in herbs
FIT Dish	Twisted pasta with mushrooms and pork	Chicken noodles with a note of nuts and thyme	Spaghetti Bolognese	Fusilli with oyster mushrooms and champignons	Penne carbonara
Soup	Corn soup with chicken	Potato soup with bacon	Corn soup with chicken	Sour cucumber & smoked bacon soup	Spicy fish soup a'la puntanaska
	Carrot and red lentil cream soup (veg)	Carrot and red lentil cream soup (veg)	Tomato soup with basil and garlic(veg)	Beetroot cream soup with coconut milk and ginger (veg)	Vegetable soup with barley (veg)
Mains	Ground pork cutlet	Crispy chicken with mango sauce	Pork with zucchini and bamboo shoots	Crunchy tortilla with marinated chicken, jalapeno, vegetables in cheese sauce	Dumplings stuffed with ground meat
	Breaded chicken breast	Pork ribs in gravy	Chicken fillet with almonds	Pork Gyros with pork with onions, mushrooms and peppers	Roasted chicken leg with herbs
	Georgian pork ragout	Crispy chicken with mango sauce	Breaded pork loin chop baked with mushrooms under cheese	Chicken curry with zucchini	Pork loin chops stuffed with cheese
	Spicy sambal chicken sticks	Peasant pork stew	Chicken with vegetables	Chicken liver with onions and mushrooms	Chicken liver with onions and mushrooms
	Pork neck braised with veggies, apples and horseradish	Crispy chicken nuggets in yoghurt marinade	Pork loin chops stuffed with cheese	Pork goulash with majoram and sour cream	Pork goulash with majoram and sour cream
	Mexican enchilada with lentils and vegetables (veg)	Broccoli fritters (veg)	Celeriac and kale cutlets (veg)	Spring rolls with vegetables (veg)	Barley risotto with roasted beets and pear (veg)
	Pollock in beer batter	Hoki in sunflower seeds breading	Fish with grilled vegetables	Breaded hake fish	Tilapia in herb batter
Vegetarian one-pot dish	Noodles with fried cabbage (veg)	Courgette, mix peppers & beans lecho (veg)	Barley with green peas	Aromatic Thai curry with cauliflower (veg)	Potato cutlets with mushrooms (veg)
Others	Pierogies with white cheese&potato (8 pcs)	Pierogies stuffed with spinach (8pcs)	Pierogies with cheese, potato, bacon and onion (8 pcs)	Pierogies stuffed with mushrooms and potatoes (8 pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes with vanilla cottage cheese and cranberries	Chocolate pancakes with sweet cheese and cherries	Chocolate pancakes with sweet cheese and cherries	Chocolate pancakes with sweet cheese and raspberries	Pancakes stuffed with sweet cheese and blueberries
	Pancakes with apples	Pancakes with apples	Pancakes with apples	Apple fritters	Pancakes with apples
Salads	White cabbage with roasted peanuts and carrot	Coleslaw with pepper	White cabbage slaw	White cabbage, carrot and kohlrabi salad	Coleslaw, red beans and mushrooms
	Beetroot salad with onion	Salad with beet and cucumber	Beetroot salad with onion	Beetroot salad with sunflower seeds	red beetroot, chickpeas and nuts salad
	Carrot salad with peach	Carrot & apple salad	Carrot and oranges salad	Carrot salad with apple in cream	Carrots and raisins salad with orange note
	Peking cabbage & arugula salad	Peking cabbage and leek salad	Chinese cabbage with green peas and leek	Peking cabbage & corn salad	Kohlrabi & cucumber salad
	Swedish Salad	Salad with celery, apple and cucumber with yoghurt	Cucumber salad with sour cream	Tomato and cucumber salad	Sauerkraut salad
	Vegetarian salad	Bulgur salad with chickpeas, kale, pepper and corn	Chicken, celery and orange salad	Red beetroot salad (with arugula, cucumber, red onion, grapes)	Greek salad
Vegetables	Spinach	Spinach	Spinach	Spinach	Spinach
	Mixed oriental veggies	Mixed veggies with sunflower seeds and bread crumbs	Brussels sprouts	String beans mix	Cheese cauliflower
	String beans mix	Cauliflower with broccoli and roasted pumpkin seeds	Mini carrots with sesame seeds	Mixed veggies with sunflower seeds and bread crumbs	Mini carrots with sesame seeds
	Young fried cabbage	Carrot with peas and pumpkin	Mushrooms in cream	Mushrooms in cream	Fried cabbage with mushrooms
Sides	Boiled potatoes	Boiled potatoes	Boiled potatoes	Boiled potatoes	Boiled potatoes
	Roast potatoes	Roast potatoes	Roast potatoes	Roast potatoes	Roast potatoes
	French fries	French fries	French fries	French fries	French fries
	Dumplings	Dumplings	Dumplings	Spinach dumplings	Dumplings
	Rice with vegetables	Wild rice	Yellow rice	Rice with vegetables	Rice with carrots and peas
	Pearl barley with green peas	Barley	Bulgur wheat	Couscous with vegetables	Buckwheat with onion