



MENU: 51tydzień

	Monday 18-12-2017	Tuesday 19-12-2017	Wednesday 20-12-2017	Thursday 21-12-2017	Friday 22-12-2017
Soup	White cabbage soup(veg) Barley groats & vegetable soup	Clear beetroot soup Mushroom soup	Carrot and red lentil cream soup (veg) Polish 'zurek' soup	Lentil soup with roasted vegetables (veg) Peasant soup	Vegetable soup (veg) Spicy fish soup
Pan	Noodles with chicken and peaches in cream sauce	Chinese noodles with chicken and vegetables	Penne with chicken and spinach	Oriental noodles with chicken breast and vegetables	Noodles with chickpeas and vegetables in tomato sauce (veg)
Mains	Pork loin braised with zucchini, onion and Sweet & sour pork Pork steak with pickled cucumber and tomato baked under cheese Chicken fillet with ginger-chive pesto Provencal roasted chicken legs Stripsy chicken Chicken shoarma with vegetables with garlic sauce Hoki with vegetable salsa	Roasted pork in gravy Hungarian pork stew Ground pork cutlet Chicken fillet with pineapple and chili sauce Chicken gyros with vegetables and cheese Chicken tenderloins in lemon sauce Chicken stew with tomatoes and basil in cream sauce Hoki fish with tomato and green pesto	Roasted pork in herb sauce Roasted chicken leg with chilli and coriander Mexican Pork Chicken liver with onions and apples Chicken breast in nut breading Tortilla with grilled chicken, vegetables, and mango-chili salsa BBQ chicken leg Fried fish with tomatoes	Dumplings stuffed with ground meat Ribs with Chinese sauce Spanish-style pork loin (with olives, garlic, basil) Chicken fillet in mustard breading Spicy sambal chicken sticks Chicken with pineapple and corn Chicken cutlet in mushroom sauce with arugula Tilapia in herb batter	Cabbage leaves with meat&rice stuffing in Roast of pork in herb sauce Pork stew with vegetables in tomato sauce Chicken bites with linseed Chicken leg marinated in honey and lemon Chicken curry with zucchini Chimichurri chicken breast Breaded tilapia fish with pumpkin seeds
Vegetarian dish	Barley cutlets with mushrooms, sunflower seeds and parsley (veg) Tortilla with red lentil, pepper, carrot and cauliflower with garlic, parsley & crumbs Carrots and peas in a densely Spinach braised in cream with garlic Mushrooms in cream Vegetable bouquet Dumplings Pancakes with vanilla cream cheese and peaches	Vegetarian risotto (veg) Chickpeas in curry sauce (veg) Yellow beans with breadcrumbs Fried beetroot with sour cream Spinach braised in cream with garlic Mushrooms in soy sauce Broccoli and cauliflower with breadcrumbs Dumplings with spinach Yeast Pancakes With Apples	Chickpeas and pumpkin curry with potatos and coriander (veg) Breaded fried cheese with cumin (veg) Mini carrots with sesame seeds Cabbage with bacon Spinach braised in cream with garlic Mushrooms in cream Brussels sprouts Fried dumplings Zbojnickie Pancakes with cottage cheese, apple and cinnamon	Courgette lecho with fresh tomato (veg) Tortilla stuffed with spinach, feta cheese and Potato casserole with mushrooms, egg and onion (veg) Fried beetroot Spinach braised in cream with garlic Mushrooms capucino String beans mix Dumplings Yeast Pancakes With Apples	Quesadilla with veggies (veg) Pasta with cabbage and mushrooms Oriental chickpeas with onion, tomatoes and zucchini (veg) Mushrooms in cream Spinach braised in cream with garlic Mushrooms in cream Vegetable bouquet Dumplings with spinach Chocolate pancakes with cottage cheese and banana
Others	French fries Dumplings Groat, bulgur Turkish Buckwheat with onion Rice with vegetables Mashed potatoes Roast potatoes with garlic and marioram Potato pancakes	French fries Dumplings Barley with mushrooms and onions Barley groats with green beans and carrot Yellow rice Mashed potatoes Roast potatoes Potato pancakes with pumpkin	French fries Dumplings Groat, bulgur Turkish Buckwheat with onion Spicy rice with vegetables (veg) Mashed potatoes Roast potatoes Potato & celery fritters	French fries Spinach dumplings Couscous with vegetables Buckwheat risotto with sun-dried tomatoes, mushrooms and parsley (veg) Rice with vegetables Mashed potatoes Roast potatoes Potato pancakes with pumpkin	French fries Dumplings Bulgur wheat Buckwheat with onion Rice with vegetables Mashed potatoes Roast potatoes Potato pancakes with spinach (veg)
Salads	Coleslaw and red radishes Beetroot salad with sunflower seeds Carrot salad with apple in cream Peking cabbage salad Salad of red cabbage with red onion Sour cucumber salad Salad with broccoli and red beans Greek feast (tomato, pepper, cucumber, red onion, feta cheese) Lettuce mix of colored peppers Fruit salad Salad with kale	Red cabbage salad Salad with beet and cucumber Carrots and pineapple salad Salad with kale Salad with leek and carrot and apple in cream Coleslaw Salad with crab sticks and celery Chicken Salad tandori Salad with green beans and nuts Salad with cherry tomatoes and arugula Mix lettuce, feta cheese, tomato and cucumber	Red cabbage salad, mayonnaise and garlic White cabbage with corn, leek and parsnip Beetroot salad with onion Chinese cabbage with oranges White radish salad with corn Celery salad Carrot salad with cranberries salad rhodes Salad with leek, ham and celery Lettuce mix of colored peppers Salad with broccoli, eggs, cherry tomatoes and cucumber	Salad of red cabbage with red onion Beetroot salad with onion Carrots and pineapple salad Pickled cucumber Coleslaw with pepper Chinese cabbage salad, cucumber and red radish Grilled chicken and pepper salad Salad with green beans and nuts Rocket salad, pomegranate, cherry tomatoes and feta cheese Salad with chicken and vegetables in curry sauce Couscous and lentil salad	Cucumber, pepper and onion Chinese cabbage with green peas and leek Carrot & apple salad Carrot and oranges salad White cabbage salad with dill Salad with green beans, blue cheese and walnuts Gyros salad Greek salad Salad with kale Vegetarian salad