

MENU: 42tydzień

| | Monday 16-10-2017 | Tuesday 17-10-2017 | Wednesday 18-10-2017 | Thursday 19-10-2017 | Friday 20-10-2017 |
|------------------------|---|---|---|--|--|
| Soup | Barley groats & vegetable soup Mexican soup | Green peas & mint cream soup (veg) Potato & leek soup | Carrot cream soup (veg) Broth with noodles | Red cabbage soup (veg) Bean soup with chickpeas | Cauliflower soup (veg) Split pea soup |
| Pan | Pasta in cream sauce with ham and peas | Tagliatelle with chicken, mozzarella and tomato-caper sauce | Pasta with spinach and cheese sauce (veg) | Chinese fried noodles with marinated chicken and mushroom | Penne with chicken in mushroom sauce with arugula |
| Mains | Chicken tenderloins in wild mushroom sauce Grilled chicken with tomato and mozzarella Sweet and sour chicken wings Roasted pork in gravy Leg of chicken with zucchini in tomato sauce Chicken liver with onions and mushrooms Chicken cutlet with poached egg Hake with fried onion baked under cheese | Pork loin chop in linseed and sunflower seed Zpiekanka ziemniaczano-meat Chicken tenderloins in spinach sauce Pork ribs braised with prunes Chicken gyros with vegetables and cheese Chicken steak with tomatoes baked under cheese Chicken tenderloins with grilled veggies Hoki fish with tomato and green pesto | Pork Neck baked in mustard sauce Croquette stuffed with meat and cheese Grilled chicken with tomato and mozzarella cheese Chicken sharma with garlic sauce Chicken drumsticks with mushrooms and bacon Tortilla with chicken, broccoli and corn Chicken roll with ham and cheese Hoki in panko | Pork neck with poached egg Pork in mushroom sauce Tortilla with grilled chicken, vegetables, and mango chili salsa Chicken brast in cornflake batter Peppers stuffed with meat and rice Tandoori chicken with coriander Chicken cutlets in caper sauce with peppers Tilapia with salsa sauce | Pork grilled with bacon Chicken roulades with caper sauce Roasted chicken leg with herbs Lasagne with meat and vegetables Grilled chicken with apple and mustard Chicken fillet in coconut shavings Hot&spicy chicken curry with mango Fish baked with vegetables |
| Vegetarian dish | Egg cutlets (veg) Tortilla with vegetables (veg) Green string beans with garlic and bread crumbs Carrots and peas in a densely Spinach braised in cream with garlic Mushrooms in cream Vegetable bouquet Dumplings Pancakes with vanilla cream cheese and peaches | Vegetarian risotto (veg) Zucchini stuffed with vegetables (veg) Green string beans with garlic and bread crumbs Fried beetroot with sour cream Spinach braised in cream with garlic Cabbage with bacon Broccoli and cauliflower with breadcrumbs Dumplings with spinach Yeast Pancakes With Apples | Chickpeas in curry sauce (veg) Barley cutlets with mushrooms, sunflower seeds String beans mix Carrots and peas in cream Spinach braised in cream with garlic Vegetable Lecho Cauliflower with breadcrumbs Fried dumplings Zbójnickie Pancakes with cottage cheese, apple and cinnamon | Courgette lecho with fresh tomato (veg) Cheese dumplings Cauliflower with breadcrumbs Mushrooms with parsley Spinach braised in cream with garlic Green lentils stewed with onions and peppers in String beans mix Dumplings Yeast Pancakes With Apples | Quesadilla with veggies (veg) Breaded cheese (veg) Brussels sprouts Mushrooms in cream Spinach braised in cream with garlic Carrot densely Yellow beans with breadcrumbs Dumplings with spinach Chocolate pancakes with cottage cheese and banana |
| Others | French fries Dumplings Groat, bulgur Turkish Buckwheat with onion Rice with vegetables Mashed potatoes Roast potatoes with garlic and marjoram Potato pancakes | French fries Dumplings Barley with mushrooms and onions Barley groats in tomato sauce with parsley Italian rice with vegetables (veg) Boiled potatoes Roast potatoes Potato fritters (veg) | French fries Dumplings Groat, bulgur Turkish Buckwheat with onion Yellow rice with corn, carrot and peas Mashed potatoes Roast potatoes Potato & celery fritters | French fries Spinach dumplings Couscous with vegetables Pearl barley with green peas Rice with vegetables Boiled potatoes Roast potatoes Potato pancakes | French fries Dumplings Bulgur wheat Buckwheat with onion Rice with vegetables Boiled potatoes Roast potatoes Potato pancakes |
| Salads | Coleslaw and red radishes Beetroot salad with sunflower seeds Carrot salad with apple in cream Sauerkraut salad Salad of red cabbage with red onion Peking cabbage & corn salad Salad with broccoli and red beans Greek feast (tomato, pepper, cucumber, red onion, feta cheese) Lettuce mix of colored peppers Fruit salad Salad with kale | Red cabbage salad Beetroot salad with sunflower seeds Carrots and pineapple salad Salad with cauliflower and broccoli Salad with leek and carrot and apple in cream Coleslaw Salad with crab sticks and celery Chicken Salad tandori Salad with green beans and nuts Salad with cherry tomatoes and arugula Mix lettuce, feta cheese, tomato and cucumber | Red cabbage salad, mayonnaise and garlic White cabbage with corn, leek and parsnip Beetroot salad with onion Sauerkraut salad White radish salad with corn Celery salad Carrot salad with cranberries salad rhodes Salad with leek, ham and celery Lettuce mix of colored peppers Salad with broccoli, eggs, cherry tomatoes and cucumber | Salad of red cabbage with red onion Beetroot salad with sunflower seeds Carrots and pineapple salad Pickled cucumber Coleslaw with pepper Broccoli and cauliflower and cucumber Grilled chicken and pepper salad Salad with green beans and nuts Rocket salad, pomegranate, cherry tomatoes and feta cheese Salad with chicken and vegetables in curry sauce Couscous and lentil salad | Cucumber, pepper and onion Chinese cabbage with green peas and leek Carrot & apple salad Celery salad White cabbage salad with dill Broccoli and cauliflower and cucumber Salad with green beans, blue cheese and walnuts Gyros salad Greek salad Salad with kale Vegetarian salad |