



West Forum

# MENU - Week 8

	Monday 19-02-2018	Tuesday 20-02-2018	Wednesday 21-02-2018	Thursday 22-02-2018	Friday 23-02-2018
<b>Soup</b>	Czech garlic soup with croutons	Sauerkraut soup	Tripe soup	Pea soup with croutons	Pumpkin carrot soup with oranges
	Carrot cream soup (veg)	Tomato soup with noodles (veg)	Potato&leek soup with pears (veg)	Cauliflower & mushroom soup (veg)	Broccoli&peas cream soup with a touch of cinnamon (veg)
<b>Warming Dish</b>	Turkey with apple, cinamon, white pepper...	Chicken pockets stuffed wih spicy salami in tomato'n'olive sauce	Marinara with seafood	Steamed chicken breast a la caprese (with tomatoes, basil and mozzarella)	Pork kebab with onion and zucchini in yoghurt-mint pickle
<b>Mains</b>	Pork loin chop in linseed and sunflower seed breading	Chicken breast in crispy poppy seed breading	Breaded pork chop	Chicken fillet Hawaiian style (with coconut chips)	Breaded pork chop with orange zest
	Pork braised with horseradish	Stuffed ground pork cutlets in hunter sauce	Risotto with minced meat and mushrooms	Pork steaks with tomato and curry sauce	Chicken fillet with dill sauce
	Chicken fingers with jalapeno	Pork roast with horseradish sauce	Pork chilli concarne on dark beer	Chicken fillet in estragon&mustard sauce with mushrooms	Enchilada with spinach, broccoli and cheese sauce (veg)
	Pasta with chicken, mushrooms and spinach in cream sauce	Pasta with gyros, roasted vegetable and cheese	Pasta carbonara	Pasta with meatballs in tomato sauce	Chinese fried noodles with marinated chicken and mun mushrooms
	Fish in Greek way	Breaded cod	Tilapia in herb batter	Fried fish with tomatoes	Fish cutlet with vegetables
<b>Vegetarian</b>	Chickpeas, pumpkin & broccoli goulash (veg)	Tortilla with spinach, pepper and corn (veg)	Cauliflower and millet cutlets	Spicy oatmeal breaded cheese	Chickpeas with tomatoes and peppers
<b>Other</b>	Pierogies with white cheese&potato (8 pcs)	Pierogies with spicy potato&cheese filling (8 pcs)	Dumplings with mushrooms and potatoes (8 pcs)	Pierogies stuffed with spinach (8pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes with apples	Pancakes with sweet cheese and orange	Pancakes stuffed with sweet cheese and strawberries	Chocolate pancakes with cheese and raspberries	Pancakes with cottage cheese
<b>Salads</b>	White and red cabbage with carrot, corn and leek	White cabbage slaw with horseradish	White cabbage with corn, leek and parsnip	Hungarian cabbage salad	Coleslaw with broccoli and leek
	Carrot & cucumber oriental salad with sesame	Red beetroot with yoghurt	Chienese cabbage with kale, cucumber and chive	Sour cucumber salad	Sauerkraut salad
	Pickled cucumber, pepper and red onion salad	String bean & radish salad	Leek salad	Grilled chicken and pepper salad	Peking cabbage & corn salad
	Spicy devil's salad	Sauerkraut salad	Salad with celery, apple and cucumber with yoghurt	Beetroot salad with onion	Hawaiian Salad (chicken, pineapple)
<b>Warm Veggies</b>	Spinach	Mixed veggies with roasted pumpkin seeds	Spinach	Carrots and peas	Spinach
	Cauliflower with garlic, parsley & crumbs	Cooked beetroot (veg)	Broccoli with sunflower seeds	Yellow beans with breadcrumbs	Cauliflower with broccoli and roasted pumpkin seeds
	Beetroots with horseradish	Beetroots with horseradish	Beetroots with horseradish	Beetroots with horseradish	Beetroots with horseradish
<b>Sides</b>	Boiled potatoes	Boiled potatoes	Boiled potatoes	Potato puree with carrots	Boiled potatoes
	Hulled barley with vegetables	Groat bulgur with dried tomatoes and onion	Turkish bulgur	Pearl barley with green peas	Barley with mushrooms and onions
	Rice	Rice with mushrooms	Rice with vegetables	Rice	Rice with vegetables