

West Forum Menu eng - tydzień 25

	Monday 18-06-2018	Tuesday 19-06-2018	Wednesday 20-06-2018	Thursday 21-06-2018	Friday 22-06-2018
Soup	Tomato soup with noodles (veg)	Red onion soup	Pepper soup (veg)	Vegetable soup (veg)	Leek & zuccini soup with cheese (veg)
	Polish 'zurek' soup	Sour cucumber & smoked bacon soup	Tripe soup	Bean soup	Sorrel soup
fit Fit dish	Grilled pork loin in herb&pepper marinade with veggies	Sweet pork enchilada with veggies and tomato sauce	Grilled chicken jalapeno	Grilled pork neck with onion and potato&parsley puree	Fishburger, fries, slaw
Mains	Chicken fillet coated with cornflakes	Breaded pork chop with orange zest	Chicken ala pizza with peppers and mushrooms	Cordon bleu in corn flakes	Breaded Chicken
	Devil's chicken	Rolled pork neck with mustard sauce	Meatballs in gravy	Chicken fillet with cheese sauce	Lasagne with meat and vegetables
	Roasted pork in gravy	Chicken curry with sweet potatoes, multi-colour peppers and broccoli	Potato gratin with meat	Pork neck in beer&rosemary marinade	Chicken shoarma
Macaroni	Penne with chicken in mushroom sauce	Pasta with mushroom&spinach sauce and bacon	Pasta with ham and mushrooms	Pasta with chicken, spinach, onion and bacon in tomato sauce	Spaghetti pasta with a creamy-spinach sauce
Fish	Fish baked with vegetables	Fish in Greek way	Breaded tilapia fish with pumpkin seeds	Cod breaded with sesame	Ground fish cutlets with broccoli
Vegetarian	Vegetable stew with chickpeas	Spinach frittata (veg)	Creamy rice with mushrooms, green peas and parsley (veg)	Spicy breaded camembert	Mexican tortilla with rice, beans, corn and lentil (veg)
Dumplings	Pierogies with white cheese&potato	Pierogies stuffed with meat	Pierogies stuffed with spinach	Dumplings with potatoes and mushrooms	Pierogies with white cheese&potato
Sweet	Pancakes With Apple	Pancakes with raisins	Pancakes with apples	Pancakes with cheese and banana	Pancakes with vanilla cheese and nuts
Salad	Coleslaw with leek	Red cabbage slaw	White cabbage with pickled cucumbers and apple	Cabbage and carrots salad	Coleslaw with pepper
	Pickled cucumber & garlic salad	Beetroot salad with onion	Carrot and oranges salad	Slaw with white and red cabbage	Pickled cucumber, pepper and red onion salad
	Tomatoes and onions	Red caggage salad with onion and mayonnaise	Leek and radish salad	Tomatoes and green peppers salad	Beetroot salad with onion
	Salad with celery, apple and cucumber with yoghurt	Chinese cabbage salad, cucumber and red radish	Cucumber salad with sour cream	Spicy celery salad	Sauerkraut salad
Vegetables	Spinach	Spinach	Spinach	Spinach	Spinach
	Carrot with sesame seeds	Cauliflower with breadcrumbs	Steamed vegetables	Cooked beetroot (veg)	Mixed vegetables with sunflower seeds
	Broccoli with sunflower seeds	Carrots and peas	Fried cabbage with tomato	Yellow beans with breadcrumbs	Fried cabbage with bacon
Others	Boiled potatoes	Potatoes from water with dill butter	Potatoes from water with dill butter	Boiled potatoes	Boiled potatoes
	Yellow rice	Rice with mushrooms	Rice	Rice with carrots and peas	Rice
	Buckwheat groats	Barley groats with green beans and carrot	Barley	Bulgur grits in Turkish	Buckwheat with onion