

# Aquarius

## MENU - week 08

	Monday 19-02-2018	Tuesday 20-02-2018	Wednesday 21-02-2018	Thursday 22-02-2018	Friday 23-02-2018
<b>Meal of the day 1</b>	Breaded chicken fillet	Chicken leg Spanish style with olives and pepper	Meat ball's in pickled cucumber sauce	Ground chicken with mushrooms	Mexican chicken
	Boiled potatoes	Mashed potatoes	Couscous with vegetables	Rice with vegetables	Bulgur wheat
	Beetroot salad with onion	Swedish Salad	Beetroot salad with onion	Sour cucumber salad	Red caggage salad with onion and mayonnaise
<b>Meal of the day 2</b>	Sweet & sour pork	Pork neckbaked with green pepper sauce	Pork neckbaked with green pepper sauce	Pork cutlets in horseradish sauce	Pork shepherd's pie (onion, green peas, parsnip, carrot...)
	Rice	Buckwheat with onion	Roast potatoes	Barley	Roast potatoes
	White cabbage salad with dill	White cabbage salad with horseradish	Leek salad	Coleslaw	Clasic cabbage slaw
<b>Meal of the day 3</b> *** VEGETARIAN ***	Chickpeas cutlets (veg)	Pumpkin fritters	Chickpeas and pumpkin curry with potatos and coriander (veg)	Millet cutlets with spinach and sunflower seeds (veg)	Quesadilla with veggies (veg)
	Roast potatoes	Roast potatoes	Rice with mushrooms	Mashed potatoes	Bulgur wheat
	Kohlrabi & cucumber salad	Carrot salad with peach	Salad with green beans	White turnip & radish salad	
<b>Grill - Live cooking</b>	Chicken breast stuffed with vegetables in Napoli sauce	Beefburger with cheese, tomato, pickled cucumber and spicy tomato sauce	Chicken in soya marinade	Hungarian style potato pancakes	Grilled Hake fish on spinach with buttery lemon sauce
<b>Macaroni</b>	Singapore pasta with chicken	Twisted pasta with mushrooms and pork	Stir-fried noodles with vegetables and chicken	Rigatoni with ground pork	Pasta with gyros, roasted vegetable and cheese
<b>Soup</b>	Polish 'zurek' soup	Mushroom soup	Sauerkraut soup	Mexican soup	Green peas ham and veg soup
	Broccoli soup (veg)	Dill soup with rice	Barley groats & vegetable soup (veg)	Spinach soup (veg)	Red lentil dahl soup (veg)
<b>Mains</b>	Breaded chicken fillet	Chicken leg Spanish style with olives and pepper	Chebureks (fried dumplings Ukrainian)	Tandoori curry chicken	Mexican chicken
	Breton beans in tomato sauce	Chicken shoarma with onion and mushrooms	Meat ball's in pickled cucumber sauce	Ground chicken with mushrooms	Pork shepherd's pie (onion, green peas, parsnip, carrot...)
	Sweet & sour pork	Pork neckbaked with green pepper sauce	Breaded chicken fillet with sunflower seeds	Pork cutlets in horseradish sauce	Bavarian meatballs
	Chickpeas falafel with pepper & tomato sauce (veg)	Pumpkin fritters	Chickpeas and pumpkin curry with potatos and coriander (veg)	Millet cutlet with beets and tomato baked under chee	Quesadilla with veggies (veg)
	Hoki with vegetable salsa	Fish baked with vegetables	Fish Hungarian style	Cod in crispy shell on spinach	Breaded tilapia fish with pumpkin seeds
<b>Vegetarian</b>	Potatoe pancakes with spinach (veg)	Vegetables baked with herbs de Provence and cheese (veg)	Potatoes and broccoli gratin (veg)	Barley with green peas	Potatoes and broccoli gratin (veg)
<b>Others</b>	Pierogies with white cheese&potato (8 pcs)	Pierogies with spicy potato&cheese filling (8 pcs)	Pierogies with mushrooms and potatoes (8pcs)	Pierogies stuffed with meat (8 pcs)	Pierogies with white cheese&potato (8 pcs)
	Pancakes stuffed with sweet cheese and raspberries	Pancakes with vanilla cottage cheese and cranberries	Cheese pancakes	Chocolate pancakes with sweet cheese and orange	Pancakes stuffed with sweet cheese and banana
	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples	Pancakes with apples
<b>Salads</b>	White cabbage salad with dill	White cabbage slaw with horseradish	White cabbage slaw	Coleslaw	Clasic cabbage slaw
	Beetroot salad with onion	Carrot salad with peach	Beetroot salad with onion	Carrot & apple salad	Beetroot salad with sunflower seeds
	Young cabbage with dill	Peking cabbage & arugula salad	Leek salad	Peking cabbage salad with carrot	Sauerkraut salad
	Leek and radish salad	Swedish Salad	Red cabbage and apple salad	Sour cucumber salad	Red cagery salad with onion and mayonnaise
	Kohlrabi & cucumber salad	Celery salad with raisins	Salad with green beans	White turnip & radish salad	Celery and carrot salad
<b>Salads</b>	Salad with smoked chicken and orange	Mexican salad	Baked beets salad with mozarella and basil	Hawaiian Salad (chicken, pineapple)	Avocado, pomegranate and pork
	Chicken, celery and orange salad	Greek salad	Spinach, rocket salad, pear and black sesame	Kale salad	Salad with tuna
<b>Vegetables</b>	Spinach	Carrots and peas	Spinach	Carrots and peas	Spinach
	Mixed vegetables	Mix of steamed vegetables	Broccoli, cauliflower & corn	Cauliflower with breadcrumbs	Mixed vegetables
	Brussels sprouts	Broccoli with sunflower seeds	Yellow beans with breadcrumbs	Brussels sprouts	Yellow beans with breadcrumbs
	Cauliflower with garlic, parsley & crumbs	Carrot with sesame seeds	Mixed vegetables with sunflower seeds	Mixed vegetables with sunflower seeds	Mini carrots with sesame seeds
<b>Sides</b>	Boiled potatoes	Mashed potatoes	Boiled potatoes	Roast potatoes with garlic and marjoram	Boiled potatoes
	Roast potatoes	Roast potatoes	Roast potatoes	Mashed potatoes	Roast potatoes
	Rice	Yellow rice	Couscous with vegetables	Cus cus	Rice with carrots and peas
	Buckwheat groats	Spinach dumplings	Rice with mushrooms	Rice with vegetables	Dumplings
	Dumplings	Cus Cus	Dumplings	Dumplings	Bulgur wheat