

	Monday 26-06-2017	Tuesday 27-06-2017	Wednesday 28-06-2017	Thursday 29-06-2017	Friday 30-06-2017
<b>Meal of the day 1</b>	Pork stew a'la Stroganoff Buckwheat with onion Sauerkraut salad	Chicken leg Spanish style with olives and pepper Yellow rice Red cabbage, onion and oranges salad	Ground pork in mushroom&cream sauce Boiled new potatoes Beetroot salad with onion	Chicken breast with ham and cheese Boiled new potatoes Young cabbage with radish	Pork steak with onion, mushrooms and parsley Boiled new potatoes Sauerkraut salad
<b>Meal of the day 2</b>	Crispy chicken Boiled new potatoes Beetroot salad with sunflower seeds	Pork loin chop with mushrooms Boiled new potatoes Lettuce with sour cream	Pork loin chop with mushrooms 0 Rice with vegetables Chienese cabbage with kale, cucumber and chive	Asian pork with peanuts Rice with vegetables Red cabbage and apple salad	Chicken liver with spinach and zucchini Barley Young cabbage with carrot, apple and dill
<b>Meal of the day 3 *** VEGETARIAN ***</b>	White bean and veggies cutlets (veg) Rice with carrots and peas Young cabbage with pepper and cucumber	Mexican tortilla with rice, beans, corn and lentil (veg) Roast potatoes Young cabbage with radish	Millet cutlets with spinach and mascarpone (veg) Rice with vegetables Carrot salad with horseradish and cream	Breaded cheese with garlic (veg) Roast potatoes with garlic and marjoram Lettuce with sour cream	Chickpeas & batatas cutlet (veg) Wild rice Chinese cabbage & sprouts salad
<b>Grill - Live cooking</b>	Tex-Mex burrito (pork, rice, veggies,...)	Grilled chicken breast with fresh herbs on a pillow of noodle salad	Potato fritter with pork goulash and sour cream	Oriental nuddles with chicken and Hoisin sauce	Grilled cod fillet with garlic butter and fresh herbs
<b>FIT Dish</b>	Oil-free grilled pork tenderloin with broccoli paste and carrot rose	Steamed chicken roll with string beans in mint gravy	Fat-free roasted turkey breast stuffed with plums, apricots and young carrots	Barley risotto with chicken, carrot and peas	Roasted zucchini caprese
<b>Soup</b>	Barley groats & vegetable soup Sorrel soup with egg (veg)	Tomato soup with noodles Asparagus cream (veg)	Split pea soup Minestrone (veg)	Young red beetroot soup Leek & zucchini soup with cheese (veg)	Spicy curry soup with chicken Onion & beer soup with croutons (veg)
<b>Mains</b>	Chicken wings with ginger Pork stew a'la Stroganoff Crispy chicken White bean and veggies cutlets (veg) Tilapia in herb batter	Pork loin chop with mushrooms Chicken leg Spanish style with olives and pepper Spaghetti Bolognese Mexican tortilla with rice, beans, corn and lentil (veg) Hake in bearnaise sauce	Chebureks (fried dumplings Ukrainian) Ground pork in mushroom&cream sauce Chicken paella with mixed vegetables Millet cutlets with spinach and mascarpone (veg) Breaded hoki fish with sesame seeds	Asian pork with peanuts Chicken breast with ham and cheese Croquette stuffed with meat and cheese Breaded cheese with garlic (veg) Fish in Greek way	Ground chicken cutlet stuffed with cheese and ham Pork steak with onion, mushrooms and parsley Chicken liver with spinach and zucchini Chickpeas & batatas cutlet (veg) Hoki fish in pepper batter
<b>Vegetarian</b>	Oriental chickpeas with onion, tomatoes and zucchini (veg)	Courgette lecho with fresh tomato (veg)	Barley with green peas	Potato cutlets with mushrooms (veg)	Mini burgers
<b>Others</b>	Pierogies with white cheese&potato (8 pcs) Pancakes with apples Pancakes with sweet cheese and orange	Pierogies stuffed with meat (8 pcs) Pancakes with tropical fruit Apple fritters	Pierogies stuffed with spinach (8pcs) Pancakes with apples	Pierogies with cheese, potato, bacon and onion (8 pcs) Pancakes with apples 0 Apple fritters	Pierogies with white cheese&potato (8 pcs) Chocolate pancakes with sweet cheese and peach Pancakes with apples
<b>Salads</b>	Sauerkraut salad Carrot salad with peach Young cabbage with dill Beetroot salad with sunflower seeds Cucumber salad with sour cream	Tomatoes and onions Young cabbage with radish Red cabbage, onion and oranges salad White turnip salad with corn and parsnip Lettuce with sour cream	Carrot salad with horseradish and cream Chienese cabbage with kale, cucumber and chive White cabbage with leek,apple and carrot Beetroot salad with onion Cucumber salad with sour cream	Tomatoes and onions Kohlrabi & cucumber salad Young cabbage with radish Lettuce with sour cream Red cabbage and apple salad	Sauerkraut salad Carrot salad with apple in cream Young cabbage with carrot, apple and dill Chinese cabbage & sprouts salad Cucumber salad with sour cream
<b>Salads</b>	Salad with smoked chicken and orange Salad with chicken and vegetables in curry sauce	Salad with broccoli and typu feta cheese Kale salad	Caesar salad (egg, croutons) Chicken fajitas salad with peppper	Thai rice noodles salad with chicken and peanuts Baked asparagus salad with honey-mustard sauce	Rocket salad, pomegranate, cherry tomatoes and typu feta cheese Salad with tuna
<b>Vegetables</b>	Spinach Mixed vegetables with sunflower seeds Mini carrots with sesame seeds Cauliflower with garlic, parsley & crumbs	Carrots and peas Mixed vegetables with breadcrumbs Brussels sprouts Yellow beans with breadcrumbs	Spinach Carrot with sesame seeds String beans mix Mix of steamed vegetables	Carrot with peas and pumpkin Cauliflower with breadcrumbs Brussels sprouts Mixed vegetables with sunflower seeds	Spinach Mixed vegetables String beans mix Broccoli, cauliflower & corn
<b>Sides</b>	Boiled new potatoes Roast potatoes Rice with carrots and peas Dumplings Buckwheat with onion	Boiled new potatoes Roast potatoes Yellow rice Dumplings Pearl barley with green peas	Boiled new potatoes Roast potatoes Couscous with vegetables Rice with vegetables Dumplings	Roast potatoes with garlic and marjoram Boiled new potatoes Dumplings Rice with vegetables Buckwheat	Boiled new potatoes Roast potatoes Wild rice Barley Dumplings